



EARLY BIRDS

a before-school CARES program

with breakfast

This year, St. Helena School is starting an early morning breakfast program for all students who arrive to school before 7:45 A.M.* It will be run by Mrs. Janet Smith, our former fifth grade teacher.

When: Program begins Monday, Sept. 9th for K-8 and Tuesday, Sept. 10th for Pre-K. (No Early Birds on school-ordered late arrival days.)

Time: 7:00 A.M. to 8:00 A.M. Doors by the Rec Center open at 7:00 A.M. sharp, no earlier. Parents must accompany their child to the Cafeteria to be signed in and to note any food allergies.

Pre-schoolers will be escorted to their building at 7:50 by their teacher for Tiger Time. All other students will be escorted to the front recess yard at 8:00.

Cost: \$7.00/day for the first family member and \$5.00/day for each sibling attending at the same time. Fees will be billed through FACTS.

Typical Breakfasts: Might include a combination of cereal with milk, fruit, water or juice, mini muffins or mini donuts.

Activities after Breakfast: Legos/Duplos, puzzles, drawing, coloring, reading, or study time for an upcoming test.

You must sign up for **EARLY BIRDS** the Wednesday before the week you will be using this program so that food can be ordered appropriately. If there is a family emergency, you may drop in without pre-ordering. The first sign-up is due on or before September 4th.

* Please again note that for your child's safety, no student may be in the recess yard or in the classrooms before 7:45 A.M. unless he/she is being tutored by one of the teachers.



EARLY BIRDS SIGN-UP

Please forward to the office by the Wednesday before the week that you want your child to attend.

Please Print

Family Name: _____

Number of Children Attending: _____

Week of: _____

Anticipated Number of Days Attending: _____

Thank you!