

On behalf of the John Shapiro Superheroes Foundation, we hope that you and your families are healthy and well! Our hearts are filled with gratitude for the brave superheroes that sacrifice every day by working tirelessly to keep all of us safe.

Given the current continued Covid-19 crisis, we have made the decision that this year's John Shapiro's Superheroes 5K race will be a **VIRTUAL EVENT**. It is our hope that during this difficult time, we can still come together in spirit virtually to provide the much-needed support to local families struggling right now with a child who has cancer. While this crisis is hard for the healthiest of families, the struggles facing those whose child is undergoing cancer treatment are beyond devastating. They truly need our support now more than ever!

John Shapiro's Superheroes 5K is a tribute to the memory of a courageous little boy who lost his battle to brain cancer in August, 2011 shortly after finishing his Kindergarten year at St. Helena's. John touched and inspired so many lives both at SHS and throughout our community with his engaging and heartwarming approach to life, leaving lasting memories with all those he encountered.

To learn more about the Foundation in John's name, please visit:

[www.johnshapirosuperheroes.org](http://www.johnshapirosuperheroes.org)

**Can we count on you to register for this year's virtual race?**

Click our LOGO to Register:



Our virtual run will take place **ALL DAY on Saturday, June 12<sup>th</sup>**. You pick the time, the place, and the distance you would like to run or walk. Please wear your Superheroes t-shirt and send your photos to us by tagging #johnshapiro5k or posting them to our Facebook and Instagram accounts. If you would like to include your distance and time, that is totally up to you. While we won't be together physically, we will band together as a community, honoring John's heroic spirit and lifting up the local children fighting heroic battles of their own.

Race t-shirts provided to all participants who register by **MAY 26** .

We can all be a superhero if we live life like John - Be Happy and Love Everyone.  
Thank you for your loving support of the John Shapiro Superheroes Foundation!