

# MEET THE TEACHER

## INTRODUCTION

Hi everyone,

My name is Annemarie Macrina and I am going to be teaching dance at Saint Helena's this year. I am beyond excited to share my knowledge of dance with your child. I have my early childhood/elementary education degree and have been dancing myself since age 3! I have been working with children both in a school setting and in a dance studio for more than 20 years. I teach children of all levels and ages. I teach MANY different styles, but my favorite styles to teach are hip hop and tumbling. I am so excited to work with the dancers this year at Saint Helena's!

## MRS. MACRINA



## CONTACTS

Annemarie Macrina  
amacrinadance24@gmail.com

## FUN FACTS

I have 4 kids and they ALL dance! We opened a dance studio in 2020 and they have been a huge part in helping me create our dance family. My oldest son, Bobby is currently pursuing a professional dance career in New York. My son Joey plays hockey in the USHL. My daughters Lu and Franki, are in high school and dance at a competitive level. They student teach at our studio and help me teach summer camps. We have a dog named Koda that we rescued and she is our baby!

## TEACHING PHILOSOPHY

Each child has something special to give that can be expressed through the art of dance. My hope is that dance teaches a child more than just steps. It teaches confidence both in and out of the classroom that they can take with them throughout their lives.



Mrs. Macrina is excited to offer dance to all students in grades K-8!

Classes are held during the school day, at lunch recess, for a half hour.

Classes are once a week. No class time is missed.

Pink ballet shoes are required for class. Children dance in school uniform and ballet shoes during dance class.

Classes occur in the SHS Dance Studio with a wood floor and mirrors. Dancers perform at various school functions and the SHS Arts Festival in May.

Classes consist of ballet, liturgical, lyrical/contemporary, jazz, hip-hop and tumbling. No experience needed! Kindergarteners also explore creative movement as they work on motor skills.

***All levels are encouraged to join!***

Dancers will improve strength, coordination, flexibility, rhythm and most importantly, confidence as they move. Having FUN is a must!

**Cost is \$245 for each dancer, each session.**

Dance sessions are broken up in two. Payments are due in September and January. YOU MUST BE IN BOTH SESSIONS TO PERFORM IN THE ARTS FESTIVAL, our dance recital. This means that you would need to join in September. **Session one starts on Monday 9/29.** Session two begins in January. After school sessions will begin in January. Any questions, please email [amacrinadance24@gmail.com](mailto:amacrinadance24@gmail.com)

**Payment and acceptance information:**

Check made to Annemarie Macrina, Venmo @Annemarie-Macrina.

**GOOGLE Forms/Payment due by Sept. 5th 2025**

Send checks to school in a labeled envelope for Mrs. Macrina-Dance  
Once I have everyone's forms, I will create the schedules based on interest for each grade.

Thank you for your help with this.

Annemarie Macrina

\*Click on this form to sign up:

<https://forms.gle/AgCDfqfFQPH9Hg1n9>