



ST. HELENA CYO

Dear Saint Helena CYO Families,

We are excited to announce that registration for Saint Helena CYO Winter Sports opens on Sunday, September 20, 2026. Once open, registration links can be found via the CYO website at <https://www.sainthelenacyo.org/register>.

Boys Basketball & Girls Basketball (Registration Open 9/20/26 – 10/11/26)

- Basketball Clinic – 3rd/4th grade
- Junior Varsity – 5th/6th grade
- Varsity – 7th/8th grade
- High School Basketball – 9th–12th grade.

Basketball Practices: Teams typically practice once or twice per week. Practices are held at St. Helena's School, Wissahickon Middle School, or Lower Gwynedd Elementary School. Practice schedules are not determined until the start of the season.

Basketball Games: Most league games are held on Friday, Saturday, or Sunday at Saint Helena's School or local parishes. Tournament games may be held on other days of the week. Game and tournament schedules are not determined until the start of the season.

Swimming (Registration Open 9/20/26 – 10/18/26)

- Swim Team - K-9th grade
- Eligibility for 9th grade requires that students turn 15 after September 1, 2026.
- *Please note: There will be an additional \$50 program membership fee payable to Lansdale YMCA for all participants (excluding current members).*

Swim Practices: Swim practices are held on Mondays and Wednesdays, 7:00–8:45 PM at the Lansdale YMCA.

- 7:00–7:45 PM: K-3rd grade
- 7:45–8:45 PM: 4th-9th grade

Swim Meets: Swim Meets are held Saturdays and/or Sundays. There are approximately seven (7) meets throughout the season (locations include: Lansdale YMCA, Bensalem, Northeast Philadelphia).

Coaches/Volunteers

Registration for coaches and volunteers opens September 20, 2026, and closes on the same date as registration for each sport. For required volunteer clearances, visit <https://www.sainthelenacyo.org/volunteer-clearances>.

Early Registration Discounts

We are now offering a discount for early registration. Early registration includes a \$20 discount on registration fees. All early registration discounts end one week prior to registration closure.

Important Dates

Boys & Girls Basketball

- **Early registration discount ends: October 4, 2026**
- Registration closes: October 11, 2026

Swimming

- **Early registration discount ends: October 11, 2026**
- Registration closes: October 18, 2026

Please download the new TeamSnap One app so you can register and stay connected throughout the season. If you have any questions or would like to get involved, reach out to us at sainthelenacyo@gmail.com.

We look forward to another great winter season!

Saint Helena CYO